

LES MILLS NEW ZEALAND

GROUP FITNESS CALENDAR 2024

*DATES SUBJECT TO CHANGE

JANUARY 2024

27 / 28	MULTI AUCKLAND LIVE MODULE (INCL CYCLE)
28	LM DANCE UPSKILL (Online)

FEBRUARY 2024

3 / 4	MULTI CHRISTCHURCH MODULE (INCL CYCLE)
3 / 4	MULTI WELLINGTON LIVE MODULE (INCL CYCLE)
10 / 11	MULTI AUCKLAND LIVE MODULE (INCL CYCLE)
9	STRENGTH DEVELOPMENT MODULE SILVERDALE
17	SHAPES & STRENGTH DEVELOPMENT MODULE ROTORUA
17 / 18	SHAPES & STRENGTH DEVELOPMENT MODULE QUEENSTOWN
24	LES MILLS UNITED- AKL & DUN
25	LM DANCE UPSKILL AUCKLAND (Live)
26	Q1 DIGITAL KIT DROP FOR GFIS

MARCH 2024

2	LES MILLS UNITED- WGTN & CHCH
3	Q1 EDUCATION WEBINARS
10	LM DANCE UPSKILL (Online)
9 / 10	WELLINGTON TRIP MODULE
16 / 17	DUNEDIN TRIP MODULE
16 / 17	CHRISTCHURCH TRIP MODULE
16 / 17	AUCKLAND TRIP MODULE

APRIL 2024

20 / 21	MULTI AUCKLAND LIVE MODULE (INCL CYCLE)
20 / 21	MULTI CHRISTCHURCH MODULE (INCL CYCLE)
27 / 28	MULTI WELLINGTON LIVE MODULE (INCL CYCLE)
27 / 28	MULTI DUNEDIN MODULE (INCL CYCLE)

MAY 2024

4 / 5	MULTI AUCKLAND LIVE MODULE (INCL CYCLE)
25	LES MILLS UNITED- AKL & CHCH
27	Q2 DIGITAL KIT DROP
4	SHAPES & STRENGTH DEVELOPMENT MODULE PALMERSTON NORTH
11	SHAPES & STRENGTH DEVELOPMENT MODULE AUCKLAND

JUNE 2024

8 / 9	GROUNDWORKS / MOUNT MAUNGANUI 8TH / QUEENSTOWN 9TH
1	LES MILLS UNITED- WGTN & DUN
2	Q2 EDUCATION WEBINARS

JULY 2024

13 / 14	MULTI HAMILTON LIVE MODULE (INCL CYCLE)
20 / 21	MULTI AUCKLAND LIVE MODULE (INCL CYCLE)
20 / 21	MULTI CHRISTCHURCH MODULE (INCL CYCLE)
27 / 28	MULTI WELLINGTON LIVE MODULE (INCL CYCLE)

AUGUST 2024

3 / 4	MULTI AUCKLAND LIVE MODULE (INCL CYCLE)
24	LES MILLS UNITED- AKL & DUN
26	Q3 DIGITAL KIT DROP
31	LES MILLS UNITED- CHCH & WGTN
31 / 1	MULTI DUNEDIN MODULE (INCL CYCLE)

SEPTEMBER 2024

1	Q3 EDUCATION WEBINARS
TBC	THE TRIP LIVE MODULES

OCTOBER 2024

19 / 20	MULTI AUCKLAND LIVE MODULE (INCL CYCLE)
19 / 20	MULTI CHRISTCHURCH MODULE (INCL CYCLE)
26 / 27	MULTI WELLINGTON LIVE MODULE (INCL CYCLE)
26 / 27	MULTI DUNEDIN MODULE (INCL CYCLE)

NOVEMBER 2024

2 / 3	MULTI AUCKLAND LIVE MODULE (INCL CYCLE)
16	LES MILLS UNITED- DUN & WGTN
18	Q4 DIGITAL KIT DROP
23	LES MILLS UNITED- AKL & CHCH
24	Q4 EDUCATION WEBINARS

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